

Monday

Tuesday

Wednesday

Thursday 1st

Friday 2nd

Sizzle and Main

Italian Meat Sauce
Buttered Pasta
Steamed Cauliflowers

Chicken Nuggets
French Fries
Caesar Salad

The Balanced Bite

Mushroom Spinach Risotto
Steamed Cauliflowers

Shepherd's Pie
Caesar Salad



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday 5th

Tuesday 6th

Wednesday 7th

Thursday 8th

Friday 9th

Sizzle and Main

Labor Day Holiday

Chicken Tacos
Spanish Rice
Buttered Green Beans

Italian Meat Sauce
Buttered Pasta
Roasted Cauliflowers

Sausage Patties
Scrambled Eggs
Buttered Grits

Chicken Nuggets
French Fries
Fresh Cut Melons

The Balanced Bite

Grilled Cheese
Buttered Green Beans

Chicken Southwest Salad
Roasted Cauliflowers

Chili Cheese Hot Dog
Buttered Grits

Swiss Mac and Cheese
Fresh Cut Melons



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Monday 12th

Tuesday 13th

Wednesday 14th

Thursday 15th

Friday 16th

Sizzle and Main

Chicken and Sausage Jambalaya
Buttered Corn
Garlic Soft Rolls

Beef Tacos
Spanish Rice
Buttered Edamame

Fried Chicken Sandwich
French Fries
Roasted Broccoli

Meatballs Florentine
Buttered Pasta
Garlic Peas

Chicken Nuggets
French Fries
Caesar Salad

The Balanced Bite

Stewed Mustard Greens
Garlic Soft Rolls

Chicken and Broccoli Casserole
Buttered Edamame

Beef Fried Rice
Roasted Broccoli

Chicken Caesar Wrap
Garlic Peas

Italian Meatball Sub
Caesar Salad



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Monday 19th

Tuesday 20th

Wednesday 21st

Thursday 22nd

Friday 23rd

Sizzle and Main

Red Beans with Sausage
Steamed Rice
Buttered Corn

Chicken Tacos
Spanish Rice
Roasted Broccoli

All American Hamburger
Tater Tots
Buttered Green Beans

Cajun Shrimp and Grits
Buttered Biscuits
Buttered Edamame

Chicken Nuggets
French Fries
Fresh Cut Melons

The Balanced Bite

Cheese Quesadilla
Buttered Corn

Sauteed Cabbage with Sausage
Spanish Rice

Chicken Chili Tots
Buttered Green Beans

Beef Patty Melt
Buttered Edamame

Cauliflower and Cheese Casserole
Fresh Cut Melons



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Monday 26th

Tuesday 27th

Wednesday 28th

Thursday 29th

Friday 30th

Sizzle and Main

Chicken and Sausage Jambalaya
Buttered Peas
Garlic Soft Rolls

Beef Tacos
Spanish Rice
Mexican Corn

Italian Meat Sauce
Buttered Pasta
Roasted Broccoli

Sausage Patties
Scrambled Eggs
Cinnamon Toast

Chicken Nuggets
French Fries
Caesar Salad

The Balanced Bite

Shrimp Etouffee
Garlic Soft Rolls

Grilled Cheese
Mexican Corn

Mushroom Stew
Roasted Broccoli

Southwest Beef Salad
Cinnamon Toast

Sausage and Cheese Biscuit
Caesar Salad



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