

Monday 8th

Tuesday 9th

Wednesday 10th

Thursday 11th

Friday 12th

Sizzle and Main

Red Beans with Sausage
Steamed Rice
Buttered Sweet Corn

Chicken Tacos
Spanish Rice
Roasted Broccoli

All American Hamburger
French Fries
Cole Slaw

Italian Meatballs
Pasta with Marinara Sauce
Garlic Peas

Chicken Nuggets
French Fries
Buttered Carrots

The Balanced Bite

Sausage Poboy
Buttered Sweet Corn

Broccoli and Cheese Casserole
Spanish Rice

Chicken Caesar Wrap
Cole Slaw

Spinach and Sausage Pasta
Garlic Peas

Grilled Cheese
Buttered Carrots



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



Monday 15th

Tuesday 16th

Wednesday 17th

Thursday 18th

Friday 19th

Sizzle and Main

Chicken and Sausage Jambalaya
Roasted Broccoli
Soft Rolls

Beef Tacos
Spanish Rice
Garlic Peas

Chicken Alfredo
Buttered Pasta
Steamed Carrots

Buttered Waffles
Sausage Patties
Scrambled Eggs

Chicken Nuggets
French Fries
Caesar Salad

The Balanced Bite

Stewed Mustard Greens
Roasted Broccoli

Italian Meatball Sub
Garlic Peas

Greek Moussaka
Steamed Carrots

Beef Quesadilla
Fresh Cut Melons

Chicken Caesar Salad
French Fries



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Monday 22nd

Tuesday 23rd

Wednesday 24th

Thursday 25th

Friday 26th

Sizzle and Main

Red Beans with Sausage
Steamed Rice
Roasted Mixed Vegetables

Chicken Tacos
Spanish Rice
Buttered Green Beans

Grandma's Meatloaf
Buttered Pasta
Caesar Salad

Herb Baked Chicken
Mac and Cheese
Garlic Peas

Chicken Nuggets
French Fries
Buttered Carrots

The Balanced Bite

Grilled Cheese
Roasted Mixed Vegetables

Teriyaki Meatballs
Buttered Green Beans

Southwest Chicken Wrap
Buttered Pasta

Shrimp Fried Rice
Garlic Peas

Beef Patty Melt
Buttered Carrots



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Monday 29th

Tuesday 30th

Wednesday 31st

Thursday

Friday

Sizzle and Main

Chicken and Sausage Jambalaya
Roasted Broccoli
Soft Rolls

Beef Tacos
Spanish Rice
Mexican Corn Salad

Chicken and Waffles
Scrambled Eggs
Lemon Dill Edamame

The Balanced Bite

Shrimp Etouffee
Roasted Broccoli

Cheese Quesadilla
Mexican Corn Salad

Taco Beef Salad
Lemon Dill Edamame



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Monday

Tuesday

Sizzle and Main

The Balanced Bite



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